

## Hypnosis Makes it Easy

In fact, our unique hypnosis techniques make it so easy that after only sixty minutes you'll leave a happy non-smoker—*not* feeling deprived, *not* feeling that you've made a sacrifice, and *not* feeling any pain.

Instead, you'll have a huge sense of relief and elation that you have at last achieved what all smokers long to achieve, you have become a happy, permanent, nonsmoker.

When smokers try to stop with other methods, they suffer misery and depression caused by the feeling that they are being deprived of a pleasure or a crutch. The beauty of hypnosis, and the way we use hypnosis in particular, is that it removes this feeling of deprivation. It removes the need, and the desire, to smoke.

You won't need useless aids, gimmicks, or substitutes. No nicotine gum or patches. No inhalers or nasal sprays. No needles or lasers. All that you have to do with hypnosis is sit back in a nice comfortable chair and relax. It doesn't get much easier than that!