

About Us

Rosie Hirst
Specialist Hypnotherapist
Master Practitioner NLP, Hypnosis, TimeLine
Reiki Level 2
Physiotherapist
EFT, Energy Healer.
AHPRA Registered.
Member Aust. Board NLP.

Rosie has been a practicing physiotherapist for over 25 years. She has seen first hand many times the physical cost of smoking, and spoken with thousands of smokers over the years about the necessity and challenge of ending the habit.

An empathic and empowering healer, she has been interested in wholistic healing for many years, and holds qualifications in five disciplines within it.

A lifelong interest in creativity and communication led Rosie to study NLP under Marvin Oka in the late 80s. She holds NLP Master Practitioner status, and has witnessed first hand the extraordinary results NLP and hypnosis can produce, in many fields of human endeavour.

As a once-upon-a-time smoker herself, Rosie has been heard to say with passion, "I wish this program was available when I was struggling with stopping myself!"

Rosie welcomes any questions regarding the Quit Cigarettes in 60 Minutes program. See the Contact Us page.

Rosie is happy to discuss providing the program in your office, or in venues other than hers. Please email to discuss.